

ARTICLE CRITIQUE EXAMPLE

1

Concerning Coffee Consumption

Student Name

Columbia Southern University

Course Name

Instructor Name

Date

ARTICLE CRITIQUE SECTIONS

There are typically four sections of the article review: Introduction, summary, analysis, and conclusion. Be sure to review your syllabus's instructions for any additional requirements.

Introduction

The introduction should introduce the article by providing the reader with the article title and the author name. It will also give some details about what you will be talking about in the subsequent paragraphs.

Summary

The summary follows the introduction and presents the main points of the article. The summary provides readers with an overview of the article, which will help them understand your analysis. Only include information that is relevant to your analysis.

Analysis

After the summary comes the analysis. This is where you analyze the article for the reader. This is your chance to give your opinion on the article's content.

Conclusion

The conclusion is last. This is where you make any final points and draw your conclusion about the information presented in the article. Your references will follow on the next page – remember to always start them on a fresh page.

For further information regarding these sections and helpful tips on how to write your article critique, please view the [Article Critiques](#) tutorial.

APA 7th edition allows for a variety of different font choices for papers. Options include Times New Roman (size 12), Calibri (size 11), Arial (size 11), Lucida Sans Unicode (size 10), and Georgia (size 11). This example paper is written in Times New Roman, size 12.

The same font and font size should be used throughout the entire paper.

Concerning Coffee Consumption

“Coffee... the Effects are as Good as the Aroma,” written by Edward H. Nessel (2012), asserts that coffee is both delicious and provides a myriad of health benefits in every cup.

The introduction is the only section that does not receive its own level heading. It follows immediately after your title, which is boldfaced.

acknowledges that coffee should not be consumed in large quantities due to the hazards that are posed to regular coffee drinkers. An opposing study by Ja Young Jung (2013) of Seoul

Article critique introductions need to include the name of the article and its author.

Venture University posits that the potential negative side effects of habitual coffee consumption are often ignored due to the popularity of the drink and the conflicting information provided to

The **Summary** section should provide an overview of the information that will be analyzed in the **Analysis** portion of the critique.

Summary

According to Nessel’s (2012) research, coffee is packed with unexpected health benefits. Polyphenols, one of the coffee bean’s many components, are the primary cause of these amazing effects due to their key ingredient: Chlorogenic acid. This acid is known to both reduce chronic inflammation and act as a mental stimulant. “Regular coffee consumption... lowers the risk of developing type 2 diabetes by up to 67 percent” (Nessel, 2012, p. 6) because certain enzyme activities that increase blood sugar are blocked by the chlorogenic acid. This same acid also strengthens and protects DNA from potential damage, theoretically lowering the risks for a variety of different cancers. Nessel believes that Americans in general should be made aware of these health benefits, as well as the type of coffee that they should be drinking; “green beans,” for example, are packed with polyphenols and should be favored over their more popular roasted counterparts, since the all-important polyphenols can be reduced or even destroyed by roasting.

Use these guiding questions to help structure your **Summary**:

- What was this article about?
- Why was this article written?
- Who is the target audience for this article?
- What is the author’s opinion on this topic?
- What is the author’s main argument?

Analysis

Provide at least one other source to evaluate your article against. Be sure to use peer-reviewed, scholarly sources.

The **Analysis** section should evaluate the author's arguments and convey your opinion on the topic to the reader.

Keep in mind that you are not limited to one paragraph per section. If you have several different issues to analyze, be sure to use multiple paragraphs to better organize your information.

Jung's (2013) study, for example, finds that caffeine leads to "symptoms... and... both psychological and physical symptoms of addiction" (p.155).

Additionally, while Nessel (2012) states that the polyphenols present in coffee can help to prevent cancer, Jung (2013) finds that the equally present caffeine can negatively affect the reactions of cellular tissues exposed to carcinogens. Nessel's (2012) argument for the consumption of coffee almost completely ignores the negative effects of the caffeine component type (the aforementioned green beans); other studies have been considered null due to the process of roasting and the addition of other flavorings to the beverages. Jung (2013) considers the caffeine components of the coffee bean, into consideration for his study, producing more reliable results.

Use these guiding questions to help structure your **Analysis**:

Is the information comparable with other current research?
What are the strong points? The weak points?
Has the author used reliable sources and facts?
Were the arguments convincing to you? Why or why not?

Conclusion

The **Conclusion** is where you will assert your final opinion of the article and include any recommendations for improvement.

Edward Nessel's (2012) article is enlightening and filled with a strong argument, but does not include enough information about the potential health risks of drinking coffee.

This article would benefit from further research into these possible health risks of drinking coffee and providing, where possible, counters against these. However, the data provided regarding the benefits polyphenols have been shown to have in diabetics and patients at risk for cancer is extremely convincing, and obviously well-researched. The compilation of this important information about coffee and polyphenols into a single article is almost certainly beneficial to those studying this subject.

Use these guiding questions to help structure your **Conclusion**:

What improvements could be made to the article and its arguments?
Is the information in the article useful?
Were the arguments effective?
Do you think that the author has made a significant contribution to their field with this article?

References

The word "References" should be centered at the top of the last page, boldfaced.

Jung, J. Y. (2013). Effect of negative awareness of coffee on its preference and recommendation intention. *Academy of Entrepreneurship Journal*, 19(3), 153-174.

Nessel, E. H. (2012). Coffee... the effects are as good as the aroma. *AMAA Journal*, 25(3), 5-8.

If you have any generalized questions about your references page, refer to the [APA Citation Guide](#).



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